

**Dr. Dina Shawky Yassin Al-Zifzaf**  
**Faculty of Medicine Ain Shams University**

٠١٠٠٥٢٠٠٩٣٤

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<b>Nationality</b>	Egyptian
<b>Date of birth</b>	١٥-١١-١٩٧٢
<b>Language skills</b>	Excellent command of Arabic and English languages (both written and spoken)
<b>Current job</b>	<p>Professor of Physical medicine, Rheumatology and Rehabilitation, Faculty of medicine, Ain Shams University.</p> <p>Member of department council of Medical Education Department, Faculty of medicine, Ain Shams University.(٢٠١٩-current time)</p> <p>Director of Faculty Development Committee, Medical Education Department, ASU</p> <p>Member of the scientific committee for Master of Sports Medicine, Faculty of medicine, Ain Shams University.</p> <p>Member of the scientific committee for Professional Diploma of Sports Medicine – AICPD.org</p> <p>Reviewer in NAQAAE</p> <p>Certified Trainer by the international board of certified trainers (IBCT)</p> <p>Trainer at Training and Development center -ASU</p> <p>Trainer at National Unit for Assessment and Evaluation</p> <p>Trainer in Clinical Nutrition certificate – School of continuing education-AUC</p>

## Experience

House officer in Ain Shams university hospitals	١-٣-٩٥ till ٢٨-٢-٩٦
Resident of Physical medicine, Rheumatology and Rehabilitation	٢٠-٣-٩٦ till ٢٥-٨-٩٩
Assistant lecturer of Physical medicine, Rheumatology and Rehabilitation	٢٧-١٠-٩٩ till ٣٠-٨-

٢٠٠٤

Lecturer of Physical medicine, Rheumatology and Rehabilitation ٣٠-٨-٢٠٠٤ till ٢٨-٩-٠٩

Member of the self study team of the faculty of medicine Ain Shams University Feb ٢٠١٠ -٢٠١٨

Member of the SWOT analysis team of the faculty of medicine Ain Shams University Feb-September ٢٠١٠

Trainer at the Ain Shams Centre for Faculty and leadership development from ٢٠١٠ to current time

Trainer at the National centre of Faculty and leadership development from ٢٠١١ to ٢٠١٣

Director and Co-founder of the Training management office of the faculty of medicine-Ain Shams University  
from Jan ٢٠١١ to ٢٠١٣

Trainer at the Training management office of the faculty of medicine-Ain Shams University from Jan ٢٠١١ to current time

Vice Director of the TDC- ASU from September ٢٠١٢ to ٢٠١٦

### **Qualifications**

MD of Physical medicine, Rheumatology and Rehabilitation  
Faculty of medicine, Ain Shams University April ٢٠٠٤

Master degree in Physical medicine, Rheumatology and Rehabilitation  
Faculty of medicine, Ain Shams University Nov ١٩٩٨

Bachelor of medicine and general surgery  
Grade: Excellent with honor  
Faculty of medicine, Ain Shams University Dec ١٩٩٤

International TOEFL exam passed with score ٢٩٣/٣٠٠ June ٢٠٠٠

## Certificates

- Basic trainer approved by NCFLD ٢٤-٢-٢٠١٠
- Associate trainer approved by NCFLD ١٤-١٠-٢٠١٠
- Internationally certified trainer and HR consultant by the International Board of Certified Trainers (**IBCT**) ١٥- ١-٢٠١١
- Professional Human resource management certificate (**AUC**) May ٢٠١٢
- Hospital management for health care professional certificate (**AUC**) Jan ٢٠١٣
- International TOEFL exam passed with score ٢٩٣/٣٠٠ June ٢٠٠٠
- Strategic planning ٢٠٠٩
- Meeting management Jan ٢٠١٢
- TQM career certificate (**AUC**) ٢٠١٣
- National auditor training courses (°) (**NAQAEE**) ٢٠١٨-٢٠١٩
- Certificate of excellence in medical education (**EKB**) ٢٠١٨-٢٠١٩
- FAIMER Fellowship (**ASU MENA FRI- FAIMER**) ٢٠١٩-till current time

## Training and program design experience in:

- Medical education (interactive teaching- program design- student assessment)
- Coaching of clinical skills
- Research writing and publication
- Team management
- Research team management
- Conflict management
- Soft skills (presentation skills- communication skills)
- Feedback skills
- Credit hour system design and implementation
- Human resource management
- Implementation of quality measures in universities
- Training of trainers

## Publications:

Natural killer cells, Natural killer T cells and Gamma Delta T cells in the peripheral blood of psoriatic and psoriatic arthritis patients

The Egyptian Rheumatologist; Vol.٢٨, No.٢, July ٢٠٠٦, ٤٦٩-٤٧٨.

Parvovirus B١٩ and TNF- $\alpha$  Expression in Skin of Systemic Sclerosis Patients

The Egyptian Rheumatologist; Vol.٢٩, No.١, Jan ٢٠٠٧, ٣٩١- ٤٠٣

Survivin as a New Marker of Erosions in Rheumatoid Arthritis Patients

The Egyptian Rheumatologist; Vol.٣٠, No.٢, July ٢٠٠٨, ٢٥٣- ٢٦٢.

Subclinical Carotid Atherosclerosis in Patients with Juvenile Onset Systemic Lupus Erythematosus and Its Correlation with Osteoprotegerin

Egyptian Rheumatology & Rehabilitation Vol. 36, No. 3, July 2009, 479-490

Tumor Necrosis Factor  $\alpha$  and Tumor Necrosis Factor Receptor 1 in Women with Postmenopausal Osteoporosis: Relation To Serum Estradiol.  
Egyptian Rheumatology & Rehabilitation Vol. 36, No. 3, July 2009,

Sympathetic Skin Response in Carpal Tunnel Syndrome  
Egyptian Rheumatology & Rehabilitation Vol. 36, No. 1, January 2009, 7-16.

Value of Dexamethasone Iontophoresis vs. Local Injection of Dexamethasone in the Treatment of Plantar Fasciitis.  
Egyptian Rheumatology & Rehabilitation Vol. 36, No. 1, January 2009, 29-39

OX40/OX40L in systemic lupus erythematosus: Association with disease activity and lupus nephritis 2011 | journal-article DOI: 10.4103/0256-4947.70770 EID: 2-S2,0-79201612617

Pre-B Cell Colony-Enhancing Factor as a Marker of Erosions in Rheumatoid Arthritis Patients. Life Science Journal-Acta Zhengzhou University Overseas Edition 2011 | journal-article

CXCR4 expression on peripheral blood T-Lymphocytes in patients with systemic lupus erythematosus and its relation to disease activity 2012 | journal-article  
EID: 2-S2,0-84877.63220

Auditory evoked potentials in diagnosis of fibromyalgia Annals of the Rheumatic Diseases 2013-06-01 | journal-article DOI: 10.1136/annrheumdis-2013-eular.2970

Auditory-evoked potentials as a tool for follow-up of fibromyalgia Egypt Rheumatol Rehabil 2013 | journal-article DOI: 10.4103/1110-161X.123810

FoxP3+T regulatory cells in Rheumatoid arthritis and the imbalance of the Treg/TH17 cytokine axis The Egyptian Rheumatologist. 2014-09 | journal-article DOI: 10.1016/j.ejr.2014.06.004

Association of HLA-DQB1\*06 with susceptibility to systemic lupus erythematosus in Egyptians The Egyptian Rheumatologist. 2014-08 | journal-article DOI: 10.1016/j.ejr.2014.06.005

Type 2 diabetes raises serum sclerostin levels and disturbs the relation between sclerostin and bone mineral density: a call for caution with antisclerostin therapy in osteoporosis Egypt Rheumatol Rehabil 2014 | journal-article DOI: 10.4103/1110-161X.128136

Interleukin-17 in Behçet's disease: relation with clinical picture and disease activity Egyptian Rheumatology and Rehabilitation 2010 | journal-article DOI: 10.4103/1110-161X.100646

Interleukin-1 $\alpha$  as a biomarker of subclinical lupus nephritis

El Bakry, S.A.R., Alhefny, A.A.M., Al-Zifzaf, D.S., ...El Kabarity, R.H., Omar, K.

Archives of Rheumatology, 2019, 30(1), pp. 6-1

Role of Musculoskeletal Ultrasonography in The Evaluation of Hemophilic Arthropathy in Children Annals of the Rheumatic Diseases 2016-06 | journal-article

DOI: 10.1136/annrheumdis-2016-eular.0702

Missed cases of macrophage activation syndrome in juvenile idiopathic arthritis

(RETROSPECTIVE STUDY) *Paediatric rheumatology* 2018-06 | DOI: 10.1136/annrheumdis-

2018-eular.2439

Value of Musculoskeletal Ultrasound in Assessment of Rheumatoid Hand Function, Egyptian Journal of Radiology and Nuclear Medicine (2020) ERN-D-20-00399R2